



In Home Caregiver Assessment Resources & Education (CARE) Act of 2025

In the past year, 63 million Americans, nearly one in four adults, provided ongoing care for an adult or child with a complex medical condition or disability.¹ Almost one in four of these caregivers reported providing 40 hours or more of care per week, and almost 50 percent of caregivers experienced debt, lost savings, inability to afford food, or some other major financial impact. Unpaid caregivers provide an estimated \$1 trillion in care each year.² They also often suffer poor health outcomes, isolation, and stress due to their caregiving responsibilities.

In New Jersey alone, nearly 2 million adults provide care to a family member with complex medical conditions or disabilities. Among these caregivers, one in six live in a household with income under \$50,000, and approximately 25 percent are caring for an adult while also caring for a child under 18.³ Providing resources, training, and support to caregivers not only benefits their mental, physical, and financial wellbeing, but helps reduce costs to the health care system, by providing home-based care, reducing doctor's visits, and lowering hospital admissions. The In Home CARE Act would support caregivers who provide unpaid care to relatives, partners and friends in the place they need it most—the home in which they provide care.

Summary

The In Home CARE Act would help caregivers who provide unpaid care to relatives, partners and friends by:

- Establishing a 3-year competitive grant program for local government agencies and community organizations to carry out family caregiver home visiting programs during which grant recipients would:
 - Conduct an initial home visit for each caregiver to determine what follow-up services may be beneficial
 - Conduct home visits to provide caregiver education and training
 - Provide an assessment and referral for physical and mental health services for each caregiver
- Requiring the Secretary of HHS to prioritize eligible organizations that have a proven record of family caregiver support and will use evidence-based programs when awarding grants

¹ <https://press.aarp.org/2025-07-24-New-Report-Reveals-Crisis-Point-for-Americas-63-million-Family-Caregivers>

² https://nationalpartnership.org/news_post/new-analysis-americans-unpaid-care-work-worth-more-than-1-trillion-each-year/

³ https://nationalpartnership.org/news_post/new-analysis-americans-unpaid-care-work-worth-more-than-1-trillion-each-year/