Cory Booker
United States Senator for New Jersey

HEALTH RESOURCES FOR INDIVIDUALS

Please continue to follow guidance from state and federal public health officials to keep you, your family, and our communities safe. Visit https://covid.nj.gov/ and https://www.cdc.gov/ for the most up to date information.

FOR ANSWERS TO NON-EMERGENCY QUESTIONS

Call: In New Jersey, general COVID-19 Questions (7am to 11pm): 2-1-1
Call: 24/7 Hotline: 1-800-962-1253
Text: NJCOVID to 898-211 to receive alerts.

In case of emergency, dial 911 immediately.

PROTECT YOURSELF FROM CORONAVIRUS

- Stay at home except for essential trips to work or to get essential supplies, like food or medication.
- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with others.
- Follow guidance from federal, state, and local public health authorities.

WHAT TO DO IF YOU OR A LOVED ONE IS SICK

- Consult your medical provider.
- Stay at home except to seek medical care.
- Isolate from family members, do not share household items and clean high-touch areas.
- Call ahead before going to the doctor.
- Monitor your symptoms.

TESTING

- The Families First Coronavirus Response Act requires health insurers to cover COVID-19 diagnostic testing at no cost to individuals.
- This includes private health plans, Medicare, Medicare Advantage, Medicaid, CHIP, TRICARE, veterans' plans, federal workers' health plans, and the Indian Health Service.
- This means that individuals are not responsible for deductibles, coinsurance, or co-pays for a COVID-19 test
- Plans may not use tools like prior authorization to limit access to the test.
- Insurers must also cover the cost, without cost-sharing, of a patient's visit to a provider, urgent care center, or emergency room to receive this testing. However, these requirements do not apply to certain types of private health plans that are not in compliance with requirements of the Affordable Care Act, such as short-term limited duration plans. Please contact your insurance plan with any questions.
- You can take a self assessment at https://self.covid19.nj.gov/ and find a testing center near you by visiting https://covid.nj.gov/

HEALTH CARE

- Individuals who do not have health insurance or lost health insurance may be able to obtain coverage through NJ Family Care.
- Individuals who lost their employer-sponsored coverage may be eligible for a special enrollment period. Visit www.HealthCare.gov/coronavirus.
- Individuals who have had their hours or income reduced may qualify for additional subsidies through their marketplace plan. Learn how to report those changes here.

Visit HealthCare.gov/coronavirus for an FAQ on how to obtain coverage.
You may also visit Get Covered NJ for more information.